



Silvana Tours
your peruvian tour operator

GASTRONOMIC PERU

11 days / 10 nights

Lima, Paracas, Nasca, Arequipa, Cusco, Sacred Valley of the Incas, Machu Picchu

Silvana Tours renovate the tour **GASTRONOMIC PERU**.

Our goal, besides showing the main tourist places in the country, is to satisfy the most demanding palates. For that reason, the schedule supplies an introductory master class in cooking, flavors and aromas from Lima, to later, taste the most diverse dishes of the best restaurants available in each place being visited.

This tour is oriented to groups of 15 or more persons because some of the offered food is so elaborate that it demands a minimum number of participants.

Thanks to the fusion of native and foreign products added to the great contribution coming from African and Asian ethnic groups that arrived in colonial and republican times, the Peruvian culinary art has achieved a unique personality and richness opening a wide range of possibilities for those seeking new flavors and feelings.

With this option we display a new cultural scenario while sure that it will please the participants who are accustomed to good meals.

B BREAKFAST **BL** BOX LUNCH **L** LUNCH **D** DINNER

TRIP PROGRAM

Day 01 Arrival to Lima (154 masl)

Arrival at Lima's international airport. Transfer and accommodation in hotel performed by our personnel. (Private transportation and professional personnel). Overnight.

Day 02 Lima **B **L****

Breakfast in hotel. In the morning, pick up from hotel (private bus and Spanish/English guide assistant). Visit a local market to learn about the native products from Peru. A video about our traditional "ceviche" will be shown inside the bus, to then continue to presence a master presentation in one of the best "cevicherias" of the city. After that, go back to the bus to watch a new video about the history and background of our "Pisco" and the process followed to produce it. Visit a "tavern" and a "Pisco" cellar to taste it. Once again, get on the bus to see a video about the history of Peruvian food. Lunch a typical buffet at a restaurant, which includes typical soft drinks or sodas. After lunch, visit a boutique to buy cookbooks and other fascinating souvenirs. Return the hotel in the afternoon. Overnight.



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Day 03 Lima / Paracas (At sea level) B L

Breakfast in hotel. Departure to Paracas by private bus (Km. 250, approx. 3.30 hour journey). On the way, visit the archaeological complex of Pachacamac and have lunch at "El Piloto" restaurant in Cañete (must stop for those who wish to eat well on their way). Arrival and accommodation in hotel. Afternoon is at leisure. Overnight.

Day 04 Paracas / Nasca (588 masl) B D

Breakfast in hotel. Departure to Nasca on private transportation (Km. 220, approx. 3 hour journey). Arrival and accommodation in hotel. In the afternoon, overfly the lines and figures of the Pampa de Nasca for more or less 30 minutes, if weather conditions allow it. Dinner buffet and show at "El Portón" restaurant (typical buffet of pottages from the Peruvian coast). Overnight.

Day 05 Nasca / Arequipa (2,335 masl) B L

Breakfast in hotel. Departure to Arequipa on private transportation (Km. 560, approx. 9 hour journey). Lunch at the "Rinconcito Trujillano" restaurant in Camana (fish and seafood). Arrival in Arequipa in the afternoon and accommodation in hotel. Overnight.

Day 06 Arequipa B L

Breakfast in hotel. Morning is at leisure. Lunch at "Sol de Mayo", a typical restaurant / picantería (traditional Peruvian eating houses). In the afternoon, tour of the city and Santa Catalina convent. Overnight.

Day 07 Arequipa / Cusco (3,399 masl) B L

Breakfast in hotel. Transfer to the airport and departure to Cusco on scheduled domestic flight. Arrival, reception and transfer to hotel. Lunch at a typical local restaurant from Cusco, where the famous Pachamanca is prepared. The Pachamanca is a variety of meat, tubers and aromatic herbs cooked in a ground hole on top of hot rocks and covered with leaves. In the afternoon, visit the historical places of the city and the nearby ruins of Sacsayhuamán, Qenqo, Puca Pucara and Tambomachay. Overnight.

Day 08 Cusco / Sacred Valley of the Incas (2,846 masl) B L

Breakfast in hotel. Full day visit to the crafts market and the ruins of Pisaq considered as the Incan most perfect architecture. Lunch a buffet at "Tunupa" restaurant. In the afternoon, visit the fortress of Ollantaytambo. Return to hotel. Overnight.

Day 09 Sacred Valley of the Incas / Machu Picchu / Cusco B L

Breakfast in hotel. Transfer to the station of Ollantaytambo and departure on Backpacker tourist train to Aguas Calientes. Guided tour of the citadel of Machu Picchu. In the afternoon, return to Aguas Calientes to lunch at the "Inkaterra Café". After lunch, departure to Cusco on tourist train. Arrival at Poroy station, reception and transfer to hotel. Overnight.



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Day 10 Cusco / Lima **B L**

Breakfast in hotel. Transfer to airport and departure to Lima on scheduled domestic flight. Arrival, reception and transfer to hotel. Lunch at "Puro Peru" restaurant (buffet based on fish, seafood and typical Peruvian dishes). In the afternoon, visit the colonial and modern city. Overnight.

Day 11 Departure from Peru **B**

Breakfast in hotel. Transfer to the airport on time to board the international flight.

HOTELS

Lima	José Antonio 4*
Paracas	La Hacienda 4*
Nasca	Majoro 3*
Arequipa	Casa Andina Classic 3*
Cusco	Ruinas 3*
Sacred Valley	Pakaritampu 3*

THE PROGRAM INCLUDES

- ✓ All transfers and departure from each locality, assisted by professional personnel.
NOTE: Transfer in/out in Lima, from 2 to 4 pax, will be assisted by a single Spanish-speaking driver, except for the international arrival in-transfer which will always be assisted by bilingual personnel.
- ✓ Private services with local bilingual guides.
EXCEPT:
 - Ballestas Islands (speedboat and Spanish/English speaking guide shared).
 - Nasca Lines overflight (Spanish/English speaking pilot-guide).
- ✓ All fee entrances.
- ✓ Overnight in double room in indicated or similar hotels.
- ✓ Meals mentioned in the program.
- ✓ Expedition train to/from to Machu Picchu.
- ✓ Overnight of the guide at Aguas Calientes.

THE PROGRAM DOES NOT INCLUDE

- ✓ Internal flights (approx. USD 220.00 per person, per flight).
- ✓ Extras at the bar, in laundry, in phone, etc.
- ✓ Meals that are not specifically mentioned.
- ✓ Our guide escort from Lima to Lima.
- ✓ Tips for guides, hotels, restaurants and airports.
- ✓ Airport tax (approx. USD 5.00), at Nasca approx. USD 9.50.
- ✓ Beverages during meals.