



Silvana Tours
your peruvian tour operator

GASTRONOMIC PERU

11 days / 10 nights

Lima, Paracas, Nasca, Arequipa, Cusco, Sacred Valley of the Incas, Machu Picchu

Silvana Tours renews the tour **GASTRONOMIC PERU**.

Our objective is to not only show the main tourist places of the country, but to satisfy the most demanding palates. Our clients will participate in cooking classes led by the most re-known local chefs from the most prestigious restaurants of the city; that way, the best of Peruvian's culinary culture will be presented to them.

This program is for groups of 15 or more passengers, because some of the meals offered are so developed, that requiring that minimum number of participants.

Thanks to the fusion of native and foreign products, and the great contribution of ethnic groups coming from Africa and Asia during colonial and republican times is that Peruvian cuisine has reached a unique personality and richness. This art has caught the world's attention and has given us a wide range of possibilities for those in search of new flavours and sensations.

It is with this option that we open a new cultural chapter that we are confident will satisfy those people who love a good meal.

B BREAKFAST **BL** BOX LUNCH **L** LUNCH **D** DINNER

TOUR PROGRAM

- 01** **ARRIVAL AT LIMA (154 m.a.s.l)**
Arrival to Lima's International Airport, and reception by our personnel. Transfer and accommodation in hotel. (Private transport with expert personnel). Overnight.
- 02** **LIMA **B L****
Breakfast at hotel. Morning pick up at the hotel (private bus with tour escort in Spanish / English). Visit a local food market where guide will brief passengers on the variety of native Peruvian produces found there. Passengers will learn, through documentaries shown on the bus, how to make *ceviche*, (one of our countries most popular seafood dishes), about the history and the process of making *Pisco* (Peru's national spirit), and about the history of Peruvian food. After the first documentary, passengers will have the opportunity to participate in a master class on *ceviche* in one the best *cevicherias*



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(seafood restaurant) of the city. Then, passengers will visit a tavern and *Pisco* cellar to taste drinks based on *Pisco*. After that, they will taste a traditional Peruvian buffet lunch at a restaurant, which includes native soft drinks or sodas. Finally, bus stop at a shop where passengers will be able to buy cook books and souvenirs. In the afternoon, return to hotel. Overnight.

- 03 LIMA / PARACAS (At sea Level) B L**
Breakfast at hotel. Departure to Paracas (km. 250, approximately 3:30-hour journey) on private bus. On the way, visit of Pachacamac's ruins and lunch at "El Piloto Restaurant" in Cañete (forced stop for those who want a good lunch on the road). Arrival and accommodation at hotel. Afternoon at leisure. Overnight.
- 04 PARACAS / NASCA (588 m.a.s.l) B D**
Breakfast at hotel. Departure to Nasca (km.220 approximately 3-hour journey) on private bus. Arrival and accommodation at hotel. Afternoon, a 30 - minute's overflight of the Nasca lines and figures. Dinner buffet at "El Portón" and show at restaurant (Typical buffet of the Peruvian coast) Overnight.
- 05 NASCA / AREQUIPA (2,335 m.a.s.l) B L**
Breakfast at hotel. Departure to Arequipa on private bus (Km. 560, approximately 9-hour journey). Lunch at "El Trujillano" restaurant in Camaná (seafood). Afternoon arrival at Arequipa. Accommodation at hotel. Overnight.
- 06 AREQUIPA B L**
Breakfast in hotel. Morning at leisure. Lunch at "Sol de Mayo" typical restaurant. Afternoon tour of the city and the Santa Catalina Convent. Overnight.
- 07 AREQUIPA / CUSCO (3,399 m.a.s.l) B L**
Breakfast at hotel. Transfer to airport. Departure to Cusco on scheduled flight. Arrival, reception and transfer to hotel. Lunch at a typical restaurant from Cusco, where the famous *pachamanca* is prepared with different kinds of meat, tubers and herbs that are cooked underground by heating river-bank rocks. Afternoon visit to different historical sites of the city and the nearby ruins of Sacsayhuamán, Qenko, Puca Pucará y Tambomachay. Overnight.
- 08 CUSCO / SACRED VALLEY OF THE INCAS (2,846 m.a.s.l) B L**
Breakfast at hotel. Full day excursion to the Sacred Valley of the Incas. In the morning, visit the Indian craft market of Pisac. Lunch buffet at the beautiful Posada del Inca Hotel in Yucay. In the afternoon, visit the Fortress of Ollantaytambo. After the visit, accommodation at hotel Overnight.



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- 09 SACRED VALLEY OF THE INCAS / MACHU PICCHU / CUSCO **B L****
Breakfast at hotel. Transfer to Ollantaytambo's train station. Departure on tourist class train to Aguas Calientes. Guided visit to the ruins of Machu Picchu. Afternoon return to Aguas Calientes for lunch at "Inkaterra Café". After lunch, departure to Cusco on tourist class train. Arrive at Poroy station, reception and transfer to hotel. Overnight.
- 10 CUSCO / LIMA **B L****
Breakfast at hotel. Transfer to airport. Departure to Lima on scheduled flight. Arrival, reception and transfer to hotel. Lunch at "Puro Perú" restaurant (fish, shellfish and typical Peruvian food buffet). Afternoon tour of the city, colonial and modern. Overnight.
- 11 DEPARTURE OF LIMA **B****
Breakfast at hotel. Transfer to airport at an appropriate time.

**** END OF OUR SERVICES ****

HOTELS

Lima	: Jose Antonio Hotel	4 stars
Paracas	: La Hacienda Hotel	3 stars
Nasca	: Majoro Hotel	3 stars
Arequipa	: Casa Andina Hotel	3 stars
Cusco	: Ruinas Hotel	3 stars
Sacred Valley	: Pakaritampu Hotel	3 stars

THE PROGRAM INCLUDES:

- All transfers at arrival and departure from each place, assisted by expert personnel.
- Private service of local bilingual guides, **EXCEPT:**

Full day gastronomic tour in Lima (shared bus and guide in Spanish / English).

Ballestas Islands (Shared yacht, without a guide on board).

Nasca lines overflight (Spanish / English speaking pilot-guide).

- All tickets and entrance fees to museums, historical sites, etc.
- Overnights in double rooms in mentioned or similar hotels.



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- Meals as indicated in the program.
- Train Backpacker for excursion to Machu Picchu.
- 2 days overnight of local guide in the Sacred Valley.

THE PROGRAM DOES NOT INCLUDE:

- Scheduled internal flights (APROX USD 160.00 per person, per flight).
- Extras as bar, laundry, telephone, etc.
- Meals where not expressly indicated.
- Tips to guides, airport, hotels and restaurants.
- Airport taxes (USD 6.05 P/P per local flight, USD 30.25 P/P per international flight, USD 8.40 P/P overflight Nasca Lines).
- Our Tour Escort during the trip.
- Drinks during meals.